

February 2019

CEO Message

Happy New Year.

I am writing this on 'day one' back in the office following my recent study tour in the USA/Canada full of energy and excitement for the future of Warrina Homes. I saw some great facilities and practices whilst away and look forward to sharing this in my report in due course.

I wanted to thank Will, Peter and Tess for 'holding the fort' for me while I was away. They did a fantastic job.

2019 is poised to be another busy year for both the aged care industry and Warrina Homes. We have an aged care royal commission underway nationally, we also have a federal election looming this year, as well as our development planning and focus for 43 Avenue Road. I am sure the year will fly by.

At the start of this year, I just wanted to encourage you to not hesitate to contact myself or my managers at any time with your questions and/or concerns. We are here to support you in your living with us. Also, as Will Vaatstra alluded to in the last newsletter, Warrina Homes' management team meet for 30 minutes daily, and as part of that, we pray for our struggling residents. Also, please note that we are always available and happy to discuss with you your changing needs and circumstances.

Finally, we have a couple of vacated houses within the organisation below, being:

WARRINA COURT

7/46 McShane Street, CAMPBELLTOWN
2 bedroom, 1 toilet/shower, 1 garage
List price for unit – \$380,000

WARRINA VALLEY

5/12 Reservoir Road, HOPE VALLEY
2 bedrooms, 2 toilets, 1 garage
List price for unit – \$370,000

As an incentive for both residents and staff, we are offering a 'spotters fee' for any recommendations that lead to the purchase of either of these vacancies (in lieu of any further advertising). The 'spotters fee' for each vacancy is a \$500 Coles Myer Card. I look forward to hearing from you.

Til next time...

Matthew Cragg, CEO

Meditation - God's Hidden Hand

*All the days ordained for me were written in your book before one of them came to be.
Psalm 139:16*

My friend was adopted by a missionary couple from the United States and grew up in Ghana. After his family moved back to the US, he began college but had to drop out. Later, he signed on with the military, which eventually helped him pay for college and took him all over the world. Through it all, God was at work, preparing him for a special role. Today, he writes and edits Christian literature that ministers to an international audience.

His wife also has an interesting story. She failed her chemistry exams during her first year of college due to the strong medication she had to take for epilepsy. After some careful deliberation, she switched from studying science to studying American Sign Language, which had a more manageable workload. Reflecting on that experience, she says, "God was redirecting my life for a greater purpose." Today, she is making His life-changing Word accessible to the hearing-impaired.

Do you sometimes wonder where God is leading you? Psalm 139:16 acknowledges God's sovereign hand in our lives: "Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be." We don't know how God will use the circumstances of our life, but we can rest in the knowledge that God knows everything about us and is directing our footsteps. Though His sovereign hand may seem hidden, He's never absent.

What steps can you take to discern God's leading or to act on His call for your life?

Some Great Sayings

"The best antiques are old friends."

"Don't ever take a fence down until you know why it was put up."

Lifestyle Update - Warrina Court

Welcome to February

One month has already gone and we hope you have enjoyed all the activities that have been on.

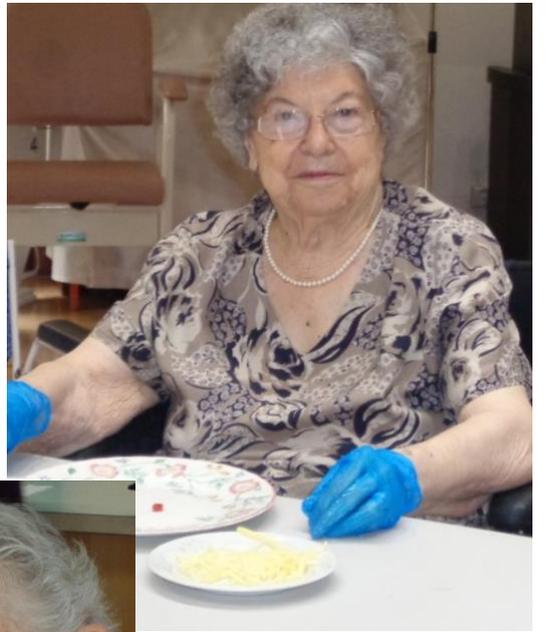
A very big thank you to all who have donated (whether it be time, money or items) again this month. Lifestyle is very appreciative of any donations. A special thank you to Susan who helped with the very popular three ingredients cooking. Anything different is always good especially if it is easy. Keep looking out for the recipes, hopefully it will continue (keep nagging James). It is really interesting how many recipes that are there that don't use many ingredients. I have been very impressed with all the discussion around about the different recipes and what you would like to try. Happy eating with what you make!!!!!!!!!!

Also thank you to all who have donated so we have been able to buy stocks for our craft/wool cupboard. It is always nice to have a good selection to choose from. To those who have started / continued knitting keep going. It is good to see everyone keeping busy and having some fun and stories to share with others here. Craft and chat will continue so take your craft up to Jubilee and if you are not a crafter take yourself up there and be ready to talk and listen to all who attend. It has been a lot of fun and when people don't want to leave it is a good sign.

It was lovely to have Gary come and do some hymn singing with us and to have hot toasted sandwiches and chocolate pretzels. Thank you to my helpers. It was appreciated by all. The TDU theme seemed to go well. The Birthday/Happy Hour was enjoyed by all especially those of us who had birthdays. The cold drinks went well with the high temperature on the day. We discovered that chocolate cake is not always the best choice for birthday cakes during high temperature days.

Remember with the hot weather to keep well hydrated as there will be a lot of the hot weather around. If it is going to be hot get outside in the mornings enjoy the fresh air and early morning sun.

The door is always open with Lifestyle!
Your Lifestyle Team at the Court



WARRINA PARK NEWSLETTER FEBRUARY 2019

Welcome to the hottest part of the year. Take Care and keep out of the sun. We have many great indoor activities to keep you busy. You are all welcome at any of our activities daily.

The Birthdays for this month are Shirley, Clarice, Eileen, Maysie and Brenda. We all hope you have a wonderful special day.

Now let's look back at what we enjoyed in Lifestyle at The Park for January.

Thank you to Silvana for having another cooking class on making Italian Biscuits. Delicious as always.

In Art and Craft, we all made Koalas out of paper plates and Boomerangs. Which we covered with Dot painting. You are welcome to take a look at them in the hall. Thank you to Bronwyn for all your great ideas.

We all enjoyed Tom and Rosemary's Arm Chair travel. This month they took us on an Arm Chair ride up into The Flinders Ranges to Arkaroola. It was fascinating and enjoyed by a large group.

Leanne and Debbie assisted the residents to make Aussie shaped biscuits. Lots of cute Kangaroos, Stars, Koalas and Crocodiles were the order of the day. Enjoyed after with a nice cup of tea.

We all clapped along to a Terry and Marie Concert in the hall. They played some familiar Australian songs for us to sing- a- long.

We had a big Australian flavoured Birthday party on the 24th to Celebrate all the Birthday's for January. The hall was decorated in all the Aussie favourites. It was 46 degrees outside that day, but we are blessed with good air-conditioning in the hall. Cold drinks with lots of ice was the order of the day, Birthday cake, Arnott's Biscuits and flavoured Ice blocks for all. Our party went so well most didn't realise it was so hot outside. A fun day had by all and lots of happy smiles.

The Australia Day on Saturday 26th means a Public Holiday on Monday 28th of January. So sadly, no Lifestyle on that day. January finished with some more tasty cooking in the hall thanks to Leanne. On the 31st Debbie will hold Bob's in the hall. It's like Croquet and lots of fun.

As you are reading this Dianne and Leanne will be travelling from Singapore to Japan on the Diamond Princess with a few stops along the way. We will return with lots of travel stories for you to enjoy. I'm sure we can put together a fun Arm Chair travel for you all to enjoy.

Enjoy the air-conditioning and have lots of nice drinks.

Keep Safe and God Bless from The Lifestyle Team at Warrina Park

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